

HERO PRESENTS

A DAY HIKE AT MOUNT RAINIER

ON PARADISE TRAILS

September 10, 2011



Bus transportation available for \$20 per person payable to HERO (nonrefundable)

Bus Fare includes: Park's fee, snacks, and beverages (Send check to Angie Abella @S7-05 before September 3)

For reservations, contact Angie Abella by e-mail at A_S_Angie_Abella@rl.gov

Mt. Rainier is the highest peak in Washington State rising to 14,410 feet with breathtaking vistas. Everyone can see Mt. Rainier when you travel to Seattle but to grasp its full beauty, you must see it up close. Mt. Rainier National Park offers several miles of maintained trails for your enjoyment. On this trip you will get to hike the Paradise Area Trails section which offers several trails, some are easy and some are difficult which includes a succession of gradual ups and downs.

You don't have to be a hiker to enjoy the beauty and serenity of Mt. Rainier; you can just be there, relax, and take pictures of beautiful scenery.

On the way home, we will stop at Union Gap Valley Mall for dinner. You have a choice of dining at [Valley Mall Food Court](#), located upstairs from Center Court or at [Miner's Restaurant](#) which is famous for delicious huge burgers and Walla Walla sweet onion rings.